



**....In The Meantime**  
with



**24 hour confidential hotline: 1-800-537-6066 or 874-1973**

**Mini-Mag #1: March 23, 2020**

Hello All,

Needless to say, while understanding the reasoning behind our temporary banishment, we are super bummed about not being allowed into CCJ, MCC and the SMWRC. Nonetheless, we wanted to stay in touch and connected to you all so we decided to put out a weekly mini-mag containing information, games/quizzes, poems, quotes, healthy relationship info and anything else we can think of. In the meantime, we are working on future programing and can't wait to get the 'go-ahead' to return. Be nice to each other and stay busy...we'll see you soon (fingers-crossed). Thank you to Arlene (CCJ), Jenn J (MCC) & Janice (SMWRC) for helping us stay connected to you all.

Best,  
Monique  
&  
Nicolle



# March is Women's History Month

Test your knowledge of Women's History

Answers in the back...don't cheat 😊

**1: In what year did women earn the right to vote?**

**A: 1875**

**B: 1930**

**C: 1920**

**D: 1905**

**2: Who was the 1<sup>st</sup> women to run for President?**

**A: Linda Jenness**

**B: Victoria Woodhull**

**C: Belva Ann Lockwood**

**D: Sonia Johnson**

**3: Jeannette Rankin was the first women elected to what?**

**A: Mayor**

**B: US Congress**

**C: Governor**

**D: Supreme Court**

**4: In 1849, Elizabeth Blackwell became the 1<sup>st</sup> woman to:**

**A: Win a gold medal in the Olympics**

**B: Earn a medical degree in the US**

**C: Own a business**

**D: Be ordained a minister**

**5: In 1932, Amelia Earhart was the 1<sup>st</sup> woman to:**

**A: Fly in the Air Force**

**B: Fly a plane**

**C: Fly solo across the Atlantic**

**D: Fly solo around the world**

**6: Who was the 1<sup>st</sup> woman to be U.S. Secretary of State?**

**A: Elizabeth Dole**

**B: Carol Mosely Braun**

**C: Madeleine Albright**

**D: Condoleezza Rice**

**7: Who was the 1<sup>st</sup> woman to win the Nobel Peace Prize?**

**A: Jane Addams**

**B: Jody Williams**

**C: Emily Greene Balch**

**D: Oprah Winfrey**

**8: Mary Kies was the 1<sup>st</sup> women to be granted a US Patent. What did she invent?**

**A: Alphabet blocks**

**B: Straw broom and pan**

**C: Technique of weaving straw with silk and thread**

**D: Submarine telescope and lamp**

**9: Lizzie Magie was the inventor of the original Monopoly, what was it called?**

**A: The Boardwalk Game**

**B: The Real Estate Game**

**C: The Mortgage Game**

**D: The Landlord Game**

**10: Where was the 1<sup>st</sup> Women's Rights Convention held?**

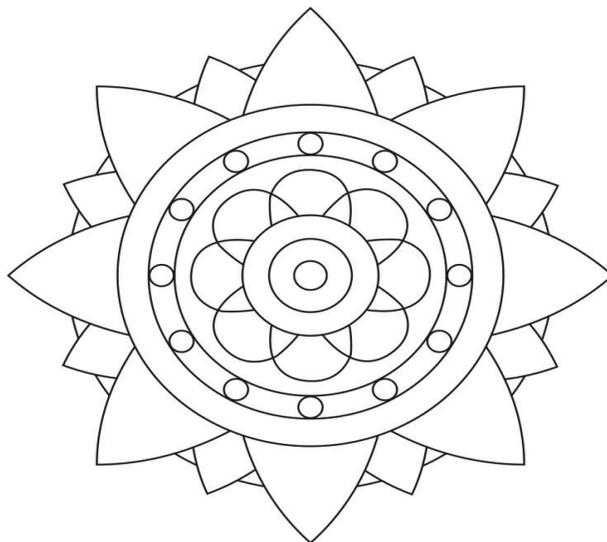
**A: Rochester, NY**

**B: Washington, DC**

**C: Seneca Fall, NY**

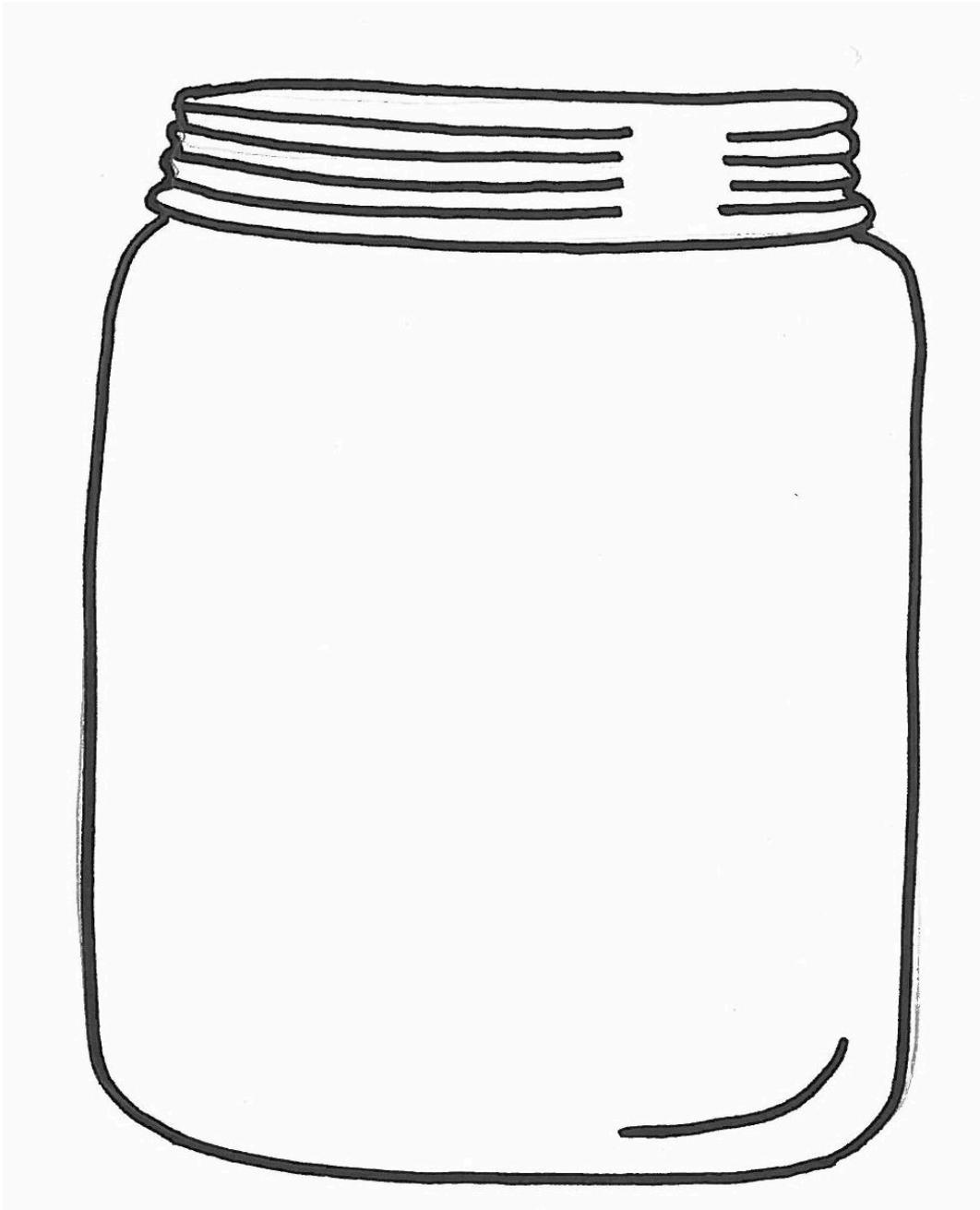
**D: Syracuse, NY**

**My Score \_\_\_\_\_**



# My Worry Jar

These can be trying times given the recent changes in our world with the Corvid-19 outbreak. You may be worrying about children or family members and feeling helpless. The idea behind the worry jar is to fill it with your worries so you don't have to think about them all the time.



Name: \_\_\_\_\_

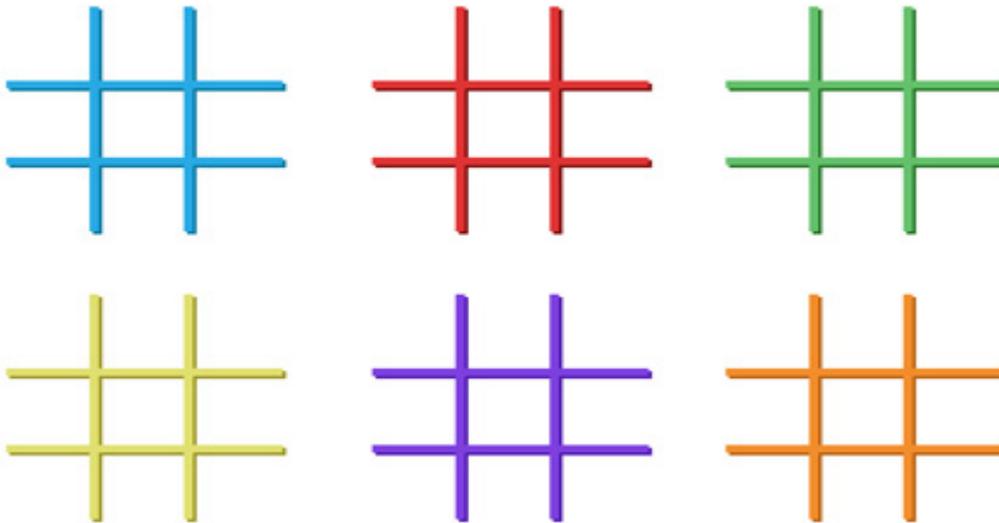
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# Healthy Relationships

Q J P Y M Y J L R Y W V H E Y H O N E S T Y N Q  
M O D S I W X A S T S H Y T I L A U Q E M Y O R  
F S E O D Z V P Y L E P I H S R E N T R A P I E  
U C I S X Q A W N A P O T N E T N O C Q Y W T S  
L C Y K E C C Q V Y P U B Q Y H R T F B X G A G  
F G T M E E Z A O O M S J G C K Q V R X M P C N  
I W S S T T E D R L I L D R N O Q A N E L T I I  
L D U Y G V A I A I W U K T Y I V K K E R K N L  
L U N I Q U E P E L N V B T R E V U H U Y M U E  
I A A L I F E L O N G G F C R A U I S W E O M E  
N R I L C W P W W L Q V X Y U F D T E U C T M F  
G T N S E I R A D N U O B M Y L R I O C N Z O V  
X B C O N S I D E R A T I O N W G R T K E I C P  
R J J A O E E N G A G I N G T T W B Z I N R V W  
C X T S H Y H T N E M T I M M O C Q S M O S I O  
K K M A P J T U O Z T C E P S E R C T S V N A E  
I E P U X P E V O L T F G Y I N F O R M E D A B  
R P E T T A U K U Q I Y V B S H A R I N G O Q L  
Y P P D R U L E A H M V L M U Z Q S I E P Y R G  
K Y T I K M A B T Z I H O I R R W U I M G F R N  
R X I S R V A L E K N R X P M T C H U M O U R I  
Z A R Z L H U M I L I T Y S P A K B P H O T D V  
Y T S Y O D Y W D Q A E V D G F F W H A C B J I  
F Y T N W J S D N E I R F E C L W D J C C M L G

- |            |               |               |            |
|------------|---------------|---------------|------------|
| Equality   | Traditional   | Consideration | Loyalty    |
| Commitment | Partnership   | Lifelong      | Unique     |
| Humour     | Friends       | Family        | Fulfilling |
| Feelings   | Communication | Boundaries    | Receiving  |
| Giving     | Space         | Respect       | Wisdom     |
| Trust      | Sharing       | Mutual        | Love       |
| Informed   | Caring        | Humility      | Happy      |
| Honesty    | Engaging      | Content       | Bravery    |

# TIC TAC TOE



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## Riddles:

Only one color, but not one size,  
Stuck at the bottom, yet easily flies.  
Present in the sun, but not in the rain,  
Doing no harm, and felling no pain.  
What is it?

George, Helen, and Steve are drinking coffee. Bert, Karen, and Dave are drinking soda.  
Using logic, is Elizabeth drinking coffee or soda?

It is a 5 letter word...if you take away the 1<sup>st</sup> letter it is something you get from the sun; if you remove the 2<sup>nd</sup> letter, you will get something you eat; if you remove the 3<sup>rd</sup> letter, you get a word you use in pointing at and if you remove the fourth letter you get something to drink.  
What is it?

# Leaves are Like Human Beings

...Adam Oakley

Leaves are like human beings.

Each one is intricate, delicate, unique.

If you look closely, it is like each leaf has its own character,  
its own style,  
it's own look.

But if you don't look closely, they are just leaves.

Take a step back, and they are not individuals.

They are all part of the tree.

Imagine if every leaf didn't know it was part of the tree.

Imagine if every leaf thought that they were separate from the tree.

Separate from each other, with different aims and different sources  
and different priorities in life.

It would become a mad, sick tree because each leaf would become lost,  
doing its own thing,

disconnected from the intelligence that the tree provides.

It would become so terrible that one day these sick, diseased leaves would

begin to wonder where they went wrong,

they would feel that they had gone astray,

and gradually, one by one, or together, as one, they would make their way  
back to the tree,

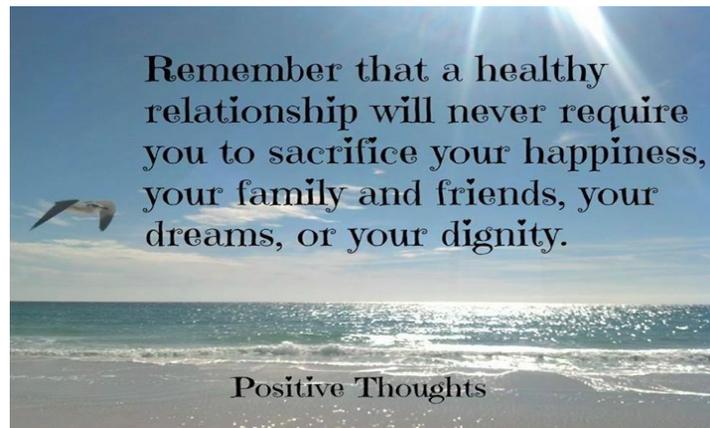
to heal,

to rest,

and to be free.



## Quotes



“Your value doesn’t decrease based on someone’s inability to see your worth.”  
-Unknown

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**Women's History Quiz answers:**

- 1: 1920**
- 2: Victoria Woodhull**
- 3: US Congress**
- 4: Earn a medical degree in the US**
- 5: Fly solo across the Atlantic**
- 6: Madeleine Albright**
- 7: Jane Addams**
- 8: Technique of weaving straw with silk and thread**
- 9: The Landlords Game**
- 10: Seneca Falls, NY**

**Riddle answers:**

- 1: A shadow**
- 2: Elizabeth is drinking coffee. The letter E appears twice in her name, as it does in the names of the others who are drinking coffee.**
- 3: Wheat**

